



Ambridge Basketball Camp

Where: Ambridge Field House

When: November 1st, 7th, 8th, 13th and 15th

Time: 6:30 pm until 8:00 pm each night

Who: any boy or girl in grades 1 through 8

Camp will be led by Aaron Hilzendeger as his Senior Project along with coaches Mark Juła, Eric Astorino, Ryan Healey and several member of the varsity high school boys team.

Guest speakers and special instruction will be provided by strength and conditioning expert **Terry Grossetti**, owner of Grossetti Performance, and basketball skill trainer **John Vlastic**, owner of Drive Basketball.

Cost is \$30 which includes all 5 sessions and a camp t-shirt. Each night of camp the players will be instructed on various fundamentals of basketball and will complete various drills to improve individual skills. There will also be individual and team competitions as well.

Please come and help support Ambridge Boys Basketball. Don't miss the chance to work with the varsity team members and coaches and have some fun improving your basketball skills!

Name: _____ Grade: _____ Contact name: _____

T-shirt size (circle one) YM YL AS AM AL AXL Contact number: _____

Mail registration and \$30 payment to Aaron Hilzendeger, 102 Lyndon Lane, Baden PA 15005 or you can email Aaron at aaronhilz@yahoo.com with your camper specific information and then pay at the door on Nov. 1st. Cash will be accepted; checks should be made payable to **Ambridge Boys Basketball Boosters**.

