**AMBRIDGE BOYS YOUTH BASKETBALL**

**In-House Basketball Program**

**WHO:**

- Boys who are in 2nd – 6th Grade (must live in the Ambridge Area School District)

**WHEN:**

- Saturday, October 13th from 1:00pm – 3:00pm

- Saturday, October 20th from 1:00pm – 3:00pm

- Saturday, October 27th from 1:00pm – 3:00pm

- Saturday, November 3rd from 1:00pm – 3:00pm

- Saturday, November 10th from 1:00pm – 3:00pm

**WHERE:**

- Ambridge Fieldhouse

**COST:**

- $30.00 cash or check for the five days (must pay and register on the first day of the program)

**OVERVIEW:**

- The boys will participate in two hours of structured basketball development.

- The main aspects of the program will include:

- Conditioning - Skill Stations

- Drills - Controlled Games

- Rotation through Six Stations of basketball will include:

- Ball Handling - Passing - Defensive Skills

- Shooting - Rebounding - Strength and Agility

- Bring your son and have him learn from our successful Ambridge High School Boys Varsity Basketball Team, as well as coaches from our High School, Junior High, and Travel Teams.

- This program is designed to develop an understanding of the fundamentals and skills needed to be a basketball player at the youth level. To have our High School players interact with the youth will create a positive and meaningful learning environment to continue to grow/develop our Ambridge Boys Basketball Program from second grade through high school.

**CONTACT:** If you have any questions or concerns please contact (412) 974-4696.